

Canyonlands and Arches Multisport Tour

An Epic Camping, Inn and Camping or Inn- and Adventure Resort-Based Hiking, Mountain Biking, Rock Climbing, Canyoneering and Inflatable Kayaking Adventure!

WARNING: The activities in this trip have been found to be addictive. Only those people prepared for the ultimate adventure getaway of nonstop fun need apply (just kidding—beginners are welcome!)

Set in the heart of southeast Utah's dramatic Canyon Country, our Multi-Sport Adventure will introduce you to today's most popular up-and-coming activities: canyoneering, mountain biking, whitewater inflatable kayaking, rock climbing and exploratory hiking. No prior experience necessary-- just bring a brimming smile and an appetite for adventure! Our guides' relaxed and supportive approach to learning assures you a fun and exhilarating week.

The World Outdoors guides, well versed in the region's natural history and lore, will lead you through this remarkably diverse Canyon Country. Each day showcases a unique feature of its uncommon landscape.

We discover the remarkable treasures of Arches and Canyonlands National Parks and the hidden wonders in the remote backcountry. Also, by providing moderate to more challenging options, this trip is ideal for a range of ability levels.

Note: The following describes our inn- and adventure resort-based trip. The activities for our camping and inn & camping departures are nearly identical to those described below with the primary difference being the sequence of events. For a summary of these itineraries and of the campsites we use, refer to the General Information, Questions & Answers section below.

Day 1. Hiking in Arches National Park, Gonzo Inn
(435-259-2515 or -800-791-4044 / private baths)
<http://www.gonzoinn.com/>

Our group assembles at the Moab Valley Inn in Moab, Utah at 8:30 a.m. Following introductions, we set off for Arches National Park, a fantasyland of balanced rocks, natural arches, and surrealistic sculptures carved through the ages by wind and water. The park contains the world's largest concentration of sandstone arches, numbering more than 2,000.

We begin our day with an audio/video orientation at the Visitor's Center followed by a hike across open slickrock to Delicate Arch, considered by many to be the most picturesque arch in the park and the one depicted on the Utah license plate.

After a relaxing lunch among the sandstone fins and buttes of Devil's Garden, we explore mysterious Fiery Furnace, a labyrinth of sandstone fins and spires, named for its brilliant deep red reflective rock. The path winds through slickrock grottoes and narrow crevices hundreds of feet deep as needle-like pinnacles frame an incredibly blue sky. Endless in its color palette, form and texture, the Fiery Furnace is a photographer's dream.

Our home away from home for the first three evenings of the trip will be the Gonzo Inn. Offering Moab's most luxurious lodging a couple of blocks from the heart of downtown, enjoy deluxe rooms and an outdoor swimming

pool and spa. Tonight we dine at one of Moab's many fine restaurants.

- Delicate Arch hike [3 miles, 500' of elevation gain / loss]
- Fiery Furnace hike [2 miles, 200 feet of elevation change]

Day 2. Mountain Biking to Klondike Bluffs and Hiking the Portal Overlook Trail, Gonzo Inn

This morning we switch to pedal power and an introduction to Moab's famous slickrock biking terrain—with the classic, moderate ride to the serence and magnificent Klondike Bluffs. The ride begins on a sandy 4-wheel drive road and then climbs through slickrock to the edge of Arches National Park. At the top, the half-way point, we leave our bikes for a short hike into the park and to breathtaking views of the red bluffs below and Devil's Garden in the distance. The ride back is mostly downhill with lots of dips and rolls. Whee! Great fun!

After lunch we set off for a short hike on the Portal Overlook Trail. The trail crosses solid sandstone as it ascends the cliffs above the Colorado River gorge. As we near the rim, the sweeping panorama includes Arches National Park to the north, Sand Flats and the La Sal Mountains to the east, Land Behind the Rocks to the south, the rugged sandstone fins and domes of tilted Poison Spider Mesa to the west, and the fruit orchards of the city of Moab and the Colorado River immediately below—quite a sight to behold!

For Reservations and Information call 800-488-8483 or Reserve 24 hours a day at www.TheWorldOutdoors.com

Renowned for Extraordinary Off-the-Beaten-Path Adventures since 1988

Address: 2840 Wilderness Place, Suite D Boulder, CO 80301 Fax: 303-413-0926 Email: fun@TheWorldOutdoors.com

- Klondike Bluffs biking trail [9.0 miles roundtrip; 800' of elevation gain/loss]
- Portal Overlook hike [2.5 miles roundtrip; 900' of elevation gain/loss]

Day 3. Hiking to Chesler Park, Canyonlands National Park, Gonzo Inn

After a light breakfast we head to the Needles District of Canyonlands National Park. We stop to stretch our legs en route at Newspaper Rock State Park to view a renowned panel of rock art that spans several different ancient cultures, with some writings dating back more than a thousand years.

Lacing up our hiking boots, we stride through the beautiful and colorful sandstone features of Elephant Canyon. The canyon opens onto the grassy meadow of Chesler Park, a pastoral amphitheater enclosed by walls of colorfully banded sandstone "needles" and spires.

With time permitting, the more adventurous can give it a go on the Joint Trail, a hiking experience that can be found in few other places in the country. The trail follows a long stretch of connecting "joints" and deep, narrow crevices in a massive rock expanse. Some of the passages are no more than two to three feet wide.

- Chesler Park hike [9 miles round trip; numerous ups and downs totaling about 1500']
- Moderately strenuous option [up to 11 miles round trip, same as above plus the addition of the Joint Trail]

Day 4. Rock Climbing along the Colorado River and Hiking to Fisher Towers, Red Cliffs Lodge (866-812-2002 / private bath / www.redcliffslodge.com)

The spectacular canyon walls we've been admiring all week take on a fresh perspective as we strap on a climbing harness and are introduced to the sport of rock climbing. Under the care of our exceptional guides, you'll begin by learning the basics with an introduction to equipment and terminology, knot tying and belaying. After practicing some easy maneuvers followed by a hearty lunch, we progress to some basic rock climbs and possibly have an opportunity to advance to more challenging climbs. Depending on the abilities of the group, we may complete as many as five climbs apiece.

We transfer this afternoon to Red Cliffs Lodge, located on the banks a hundred feet above the Colorado River and surrounded by 2000-foot sheer red sandstone cliffs. The lodge has 20-foot ceilings with exposed wood beams and great care has been taken to preserve the authentic western architecture with natural wood paneling, Mexican saltillo tile floors, and handcrafted log furniture. Present on the grounds are a winery (with Pinot Noir, Merlot, Cabernet Sauvignon, Chenin Blanc and Chardonnay varietals) and the Moab Museum of Film and Western Heritage. Paying tribute to the dozens of movies and hundreds of commercials filmed at or near the ranch over the years, the museum features stars from John Wayne to Susan Sarandon.

Amenities include Colorado River-facing rooms with private patios and kitchenettes, small bar, a terrace dining room, and a pool and spa with 360-degree views!

Following check-in and a quick shower, we continue to explore the remote Utah outback with a hike through lands right out of a western movie. Red rock castles and flat-topped mesas shoot skyward as we approach our destination--Fisher Towers, a spectacular 1,000' red rock monolith that stands guardian to the surrounding valley. The trail winds through a maze of slender spires and sharply cut arroyos filled with gargoyles of weathered sandstone.

Weather permitting, we wrap up a full day with a barbecue beneath the setting sun..

- Rock Climbing along the Colorado River [5-6 hours]
- Fisher Towers Hike [up to 5 miles, round trip, 450' gain/loss]

Day 5. Mountain Biking the Onion Creek Road and Inflatable Kayaking on the Colorado River, Red Cliffs Lodge

This morning's ride is decidedly easier than Klondike Bluffs but through absolutely stunning country. Onion Creek is a dirt road ride, the highlight being several miles of riding through the Onion Creek Narrows, a deep chasm carved in colorful sandstone. The surface of the road is fairly smooth for a technically easy ride but filled with 27 fun stream crossings.

Our variety-packed week continues this afternoon with inflatable kayaking on the rolling waters of the Colorado River. Our guides provide instruction covering everything from basic paddling techniques to the art of wave surfing. Towering cliffs shoot skyward from this grand river, dwarfing our small craft. We savor this fresh new perspective of canyon country and gaze at riverside monuments and buttes...remember to keep a sharp lookout for deer and eagles. For those who prefer not to raft, there isn't a better spot to relax than Red Cliffs Lodge.

- Onion Creek Bike Ride [up to 14 miles round trip; up to 1,500 feet of elevation gain/loss]
- Colorado River Inflatable Kayaking Trip [Class I & II rapids]

Day 6. Canyoneering in Medieval and Negro Bill Canyons

Today we explore Medieval Canyon, one of Moab's most hidden slot canyons. Located in a remote area of slickrock, the canyon's four-mile journey to the Colorado River includes two of the most spectacular places for rappelling to be found anywhere on earth. We enjoy up-close and personal views of the world's fourth largest natural arch and an awesome array of petrified sand dunes, while learning about basic rappelling techniques, the geology, ecology, history and folklore of the region. We're sure you'll enjoy the unique thrill and sense of satisfaction that comes from a spectacular day of canyoneering!

Our adventurous and fun-filled tour comes to an end back in Moab at approximately 5:30 p.m.

- Medieval Canyon and Morning Glory Arch canyoneering [5 hours of easy to moderate exercise but thrills galore]

For Reservations and Information call 800-488-8483 or Reserve 24 hours a day at www.TheWorldOutdoors.com

Renowned for Extraordinary Off-the-Beaten-Path Adventures since 1988

Address: 2840 Wilderness Place, Suite D Boulder, CO 80301 Fax: 303-413-0926 Email: fun@TheWorldOutdoors.com

- Option instead of canyoneering: hike through Negro Bill Canyon with one of the guides to meet the group [4 miles roundtrip; minimal elevation change]]

Trip Details

Trip Type: Inn, Inn & Camping (2 nights of camping) or Camping (5 nights of camping)

Trip Length: 6 days/5 nights

2012 Departure Dates: May 13-18, May 27-June 1 (camping), September 9-14 (inn & camping), September 30-October 5 (camping)

2013 Departure Dates: May 12-17 (inn & camping), May 26-June 1 (singles, camping), September 8-13 (inn & camping), September 29-October 4 (inn), October 13-18 (camping)

Price: \$2698 (inn); \$2298 (inn & camping); \$1698 (camping)

Single Supplement: \$650 (inn); \$400 (inn & camping)

Bicycle Rental: \$95

Tent Rental: \$60 (camping and inn & camping)

Sleeping Bag/Pad Rental: \$40 (camping and inn & camping)

Trip Rating: Moderate

Activities: kayak (1/2 day), hike (2 full and 2 half days), bike (2 half days), canyoneering (1 day), rock climb (1/2 day)

Gateway City: Moab, UT or Salt Lake City, UT

Gateway City Transfer:

United Airlines and Frontier Airlines have service to Moab, Utah (airport code CNY) through their regional service partner, Great Lakes Airlines. Flights will fly through Denver and then fly to Moab via Great Lakes Airlines. There is no air service from Salt Lake City to Moab at this time. Saturday flights leave Denver at 11:45a.m. and arrive in Moab at 1:08 p.m. and depart Moab at 12:50p.m. and arrive in Denver at 2:07p.m. Call Roadrunner Shuttle at 435-259-9402 for taxi service from the Moab airport to your lodging in Moab.

For shuttle service from the Salt Lake City airport to Moab, or service from Grand Junction to Moab, contact Moab Luxury Coach, <http://www.moabluxurycoach.com/>, or call 435-940-4212. Price is approximately \$149 each way from Salt Lake City and \$79.00 each way from Grand Junction. When you make your reservation online, they offer a 15% discount for roundtrip transportation. **Reservations are required at least 48 hours prior to arrival and departure times. Please check their most current schedules and prices before booking your flights into Salt Lake City or Grand Junction.** The shuttle from Salt Lake departs Salt Lake City airport at 2:00 p.m. and arrives in Moab at 6:45 p.m. The return shuttle departs from Moab at 7:00am, and arrives at the Salt Lake City airport at 11:30am. The Shuttle from Grand Junction departs the airport at 6:00pm and arrives in Moab at 8:00pm, and the return from Moab departs at 7:00am, and arrives at the Grand Junction Airport at 9:00am.

Meeting Time & Place: 8:30 a.m. Moab Valley Inn, Moab, Utah. We recommend that you have breakfast prior to our meeting and arrive prepared to mountain bike.

Trip Conclusion: Approximately 5:30 p.m. at the Moab Valley Inn. Airline departures from Moab should be scheduled no earlier than Friday evening. If you are flying out of Salt Lake City, departures should not be scheduled before 3:30 PM on the day following the conclusion of the trip (Saturday). Call us for more information and refer to the 'Gateway City Transfer' section above.

Trip Fees Include: All accommodations (double occupancy), all meals (lunch Day 1-lunch Day 6), full-day whitewater inflatable-kayak trip, T-shirt, water bottle, national park fees, support vehicle, professional guides, canyoneering and rock climbing instruction and equipment, and mountain biking instruction.

Trip Fees Exclude: Airfare, personal insurance, miscellaneous hotel expenses (phone, fax, laundry, etc.), additional optional tours, services not specified in the tour itinerary, and guide gratuities (An appropriate gratuity to *each* trip leader is \$75-\$100 per guest).

The Next Step...

References Don't take our word for it that The World Outdoors trips are the finest in the adventure travel industry. Ask our past guests. *Call about any of our trips and we'll be happy to refer you to someone who's been there with us.*

The Best Value in Active Travel Guarantee: *We commit to you that all of our trips are of the highest quality at the best value.* If you find a trip of equal quality that matches our itinerary and inclusions at a lower fare within 30 days of booking your trip with us, we will gladly refund the difference. A simple guarantee that assures you of the best trip at the best fare!

How do I join this trip? Call The World Outdoors at (800) 488-8483 and a Trip Consultant will reserve your space(s) or register online at www.TheWorldOutdoors.com. Your travel agent can also book your trip at no extra cost and provide other helpful assistance.

For Reservations and Information call 800-488-8483 or Reserve 24 hours a day at www.TheWorldOutdoors.com

Renowned for Extraordinary Off-the-Beaten-Path Adventures since 1988

Address: 2840 Wilderness Place, Suite D Boulder, CO 80301 Fax: 303-413-0926 Email: fun@TheWorldOutdoors.com

Special Requests: If you have any special dietary needs or any special request that will make your trip more enjoyable, please be sure to notify your Trip Consultant or travel agent upon booking.

Then Leave the Rest to Us... Before you go, we provide you with extensive pre-departure information, including your reservation payment receipt and confirmation, travel insurance application, suggestions for preparing for your trip, a packing list, information on pre- and post-trip arrangements, a guest questionnaire and a liability release agreement.

Travel Protection: To make your trip with The World Outdoors even more carefree, we strongly recommend the purchase of our travel insurance plan. Offering comprehensive coverage and peace of mind, our travel insurance plan is designed to protect you in case of lost or damaged luggage, a sudden illness or death in the family, emergency medical expenses and transportation costs, and flight delays. We'd be happy to arrange travel insurance coverage for you, so contact us at (800) 488-8483 with any questions.

How do I book airfare for this trip? Call our in-house travel agent, Sherry Marriner, at 800-488-8483 from 8:00 a.m. to 5:00 p.m. Mountain Time Monday through Friday or you can email her at sherrym@theworldoutdoors.com. Sherry is also available to assist you with pre- and post-lodging needs. If Sherry is unavailable and your needs are urgent, please call Frosch Travel, a local travel agency, at 800-538-7461 and ask for Georgia (ext 251) or email her at Georgia.Terry@frosch.com. Be sure to tell her you are traveling with The World Outdoors. Alternatively, you are welcome to book your airfare online, directly with the airline or through your personal travel agent.

General Information, Questions & Answers

What weather conditions can I expect? You can expect daytime temperatures to be around 80-85°F with evening temperatures being up to and over 30°F cooler. As in other regions, weather in Canyon Country can be extremely variable, so be prepared for anything.

Emergency Contact Information: Our office in Boulder, Colorado is open Monday to Friday from 8:00 a.m. to 5:00 p.m. Mountain Time 1-800-488-8483. For emergencies outside of our normal business hours call Bill Marriner at 720-289-0460, Sherry Marriner at 303-915-9660, Darcie Carr at 303-595-8561 or Eric Wagner at 303-324-7795.

Campground Descriptions

- *Canyonlands National Park, Needles District Campsite* – For two nights (Nights 1 and 2 of Camping trips and Nights 2 and 3 of Inn & Camping trips) the Needles District of Canyonlands National Park is our backcountry home for the first two nights. Nestled against red rock buttes and towering spires, amenities include stunning backcountry beauty. Facilities include solar showers prepared by your guides and outhouse toilets.
- *Colorado River Campsite* - For the next three evenings of Camping trips only, we camp on the banks of the mighty Colorado River. Bold adventurers have the opportunity to take a refreshing dip in its cool waters. Enjoy a peaceful evening star gazing into a crystal clear desert sky. Facilities include solar showers prepared by your guides and outhouse toilets.

Itinerary for Camping Departures:

Day 1: Mountain Biking to Klondike Bluffs, Canyonlands National Park, Needles District Campsite

Day 2: Hiking to Chesler Park, Canyonlands National Park, Needles District Campsite

Day 3: Canyoneering in Medieval and Negro Bill Canyons, Colorado River Campsite

Day 4: Mountain Biking the Onion Creek Road and Inflatable Kayaking on the Colorado River, Colorado River Campsite

Day 5: Rock Climbing along the Colorado River and Hiking the Portal Overlook Trail (time permitting), Colorado River Campsite

Day 6: Hiking in Arches National Park

Itinerary for Inn & Camping Departures:

Day 1: Hiking in Arches National Park, Gonzo Inn

Day 2: Mountain Biking to Klondike Bluffs, Canyonlands National Park, Needles District Campsite

Day 3: Hiking to Chesler Park, Canyonlands National Park, Needles District Campsite

Day 4: Rock Climbing along the Colorado River, Red Cliffs Lodge

Day 5: Mountain Biking the Onion Creek Road and Inflatable Kayaking on the Colorado River, Red Cliffs Lodge

Day 6: Canyoneering in Medieval and Negro Bill Canyons

Driving to the Meeting Place: From Grand Junction, Colorado, take I-70 west into Utah. Exit at 191 South and take 191 all of the way into Moab. Moab Valley Inn is in the center of town on Main Street. From Salt Lake City, take I-15 South through Provo. Exit at US-6 EAST, exit number 261, towards Price (US-89 E)/Manti. Merge onto US-6 and take US-6 to I-70 East. Exit at US-191 and take it all of the way into Moab.

Pre & Post Trip Accommodations: The World Outdoors recommends the following hotels if you arrive early or stay after your trip

Salt Lake City:

- Airport Hilton 800-445-8667, 1515 Wiley Post Way, Salt Lake City, UT [range: \$119-159]
- Baymont Inn 801-355-0088, 2080 West North Temple, Salt Lake City, UT [range: \$70-\$99]

For Reservations and Information call 800-488-8483 or Reserve 24 hours a day at www.TheWorldOutdoors.com

Renowned for Extraordinary Off-the-Beaten-Path Adventures since 1988

Address: 2840 Wilderness Place, Suite D Boulder, CO 80301 Fax: 303-413-0926 Email: fun@TheWorldOutdoors.com

- The Armstrong Mansion B&B 800-708-1333, 667 E. 100 S., Salt Lake City, UT [range: \$99-\$209]
- Wildflowers B&B 800-569-0009, 936 E. 1700 S., Salt Lake City, UT [range: \$75-\$145]

Moab:

- Moab Best Western Greenwell Inn 435-259-6151, 105 South Main Street Moab, UT 84532 [range: \$105-\$213]
- Gonzo Inn 800-791-4044 or 435-259-2515, 100 West 200 South. Moab, UT 84532 [range: \$145-\$200]
- Cali Cochita B&B 435-259-4961 or 888-429-8112, 110 South, 200 East. Moab, UT 84532 [range: \$110-\$160]
- Moab Valley Inn 800-831-6622 or 435-259-4419, 711 South Main St Moab, UT 84532 [range: \$70-\$120]
- Comfort Suites 435-259-5252 or 800-228-5150, 800 South Main St Moab, UT 84532 [range: \$89-\$109]

We're Always Improving! While the information presented here details this trip's planned activities, routes, accommodations, departure and conclusion times, we are consistently seeking new opportunities to enhance this itinerary and your experience. Our actual activities and sites may vary due to season, special events, or weather. As a result, we reserve the right to alter the itinerary since unforeseen circumstances that mandate change may arise. Naturally, we will keep you up-to-date on any changes that may affect your arrival or departure times.